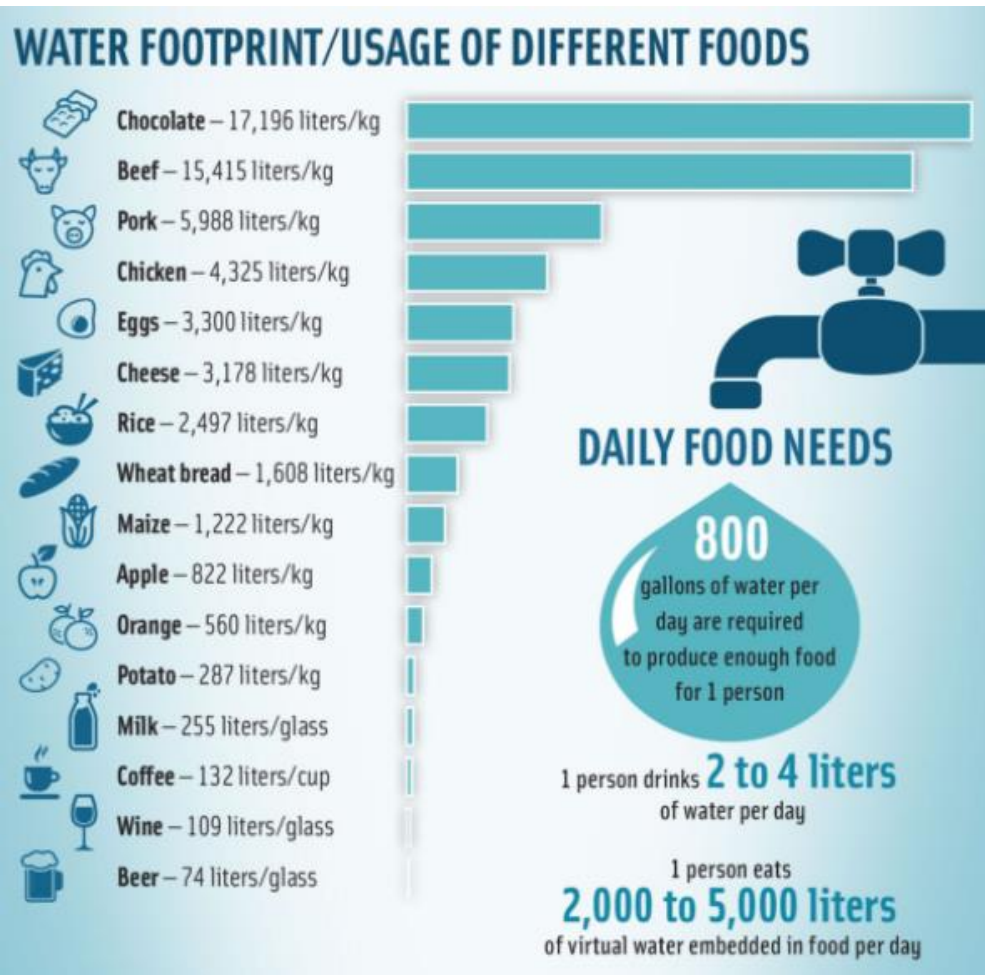




Without water there is no life!



Virtual Mobility in Brezno
30 April & 5 May 2021



	Drink	Number of traveled km
I drink it very often(daily)		
I drink it rarely (once or twice a month)		
I hardly ever drink it (once or twice a year)		

My favorite mineral water is, because

.....

Use this slide to introduce yourself and tell what you usually drink. Do you drink tap water (possibly improved with lemon, orange or herbs) or do you prefer to drink mineral water? If you drink mineral water, which is your favorite? Maybe left with a photo and your name and in the right field you might state three drinks that you drink a) very often , b) rarely, c) hardly ever. Calculate the number of kilometres that these drinks had to travel from the producer to you.

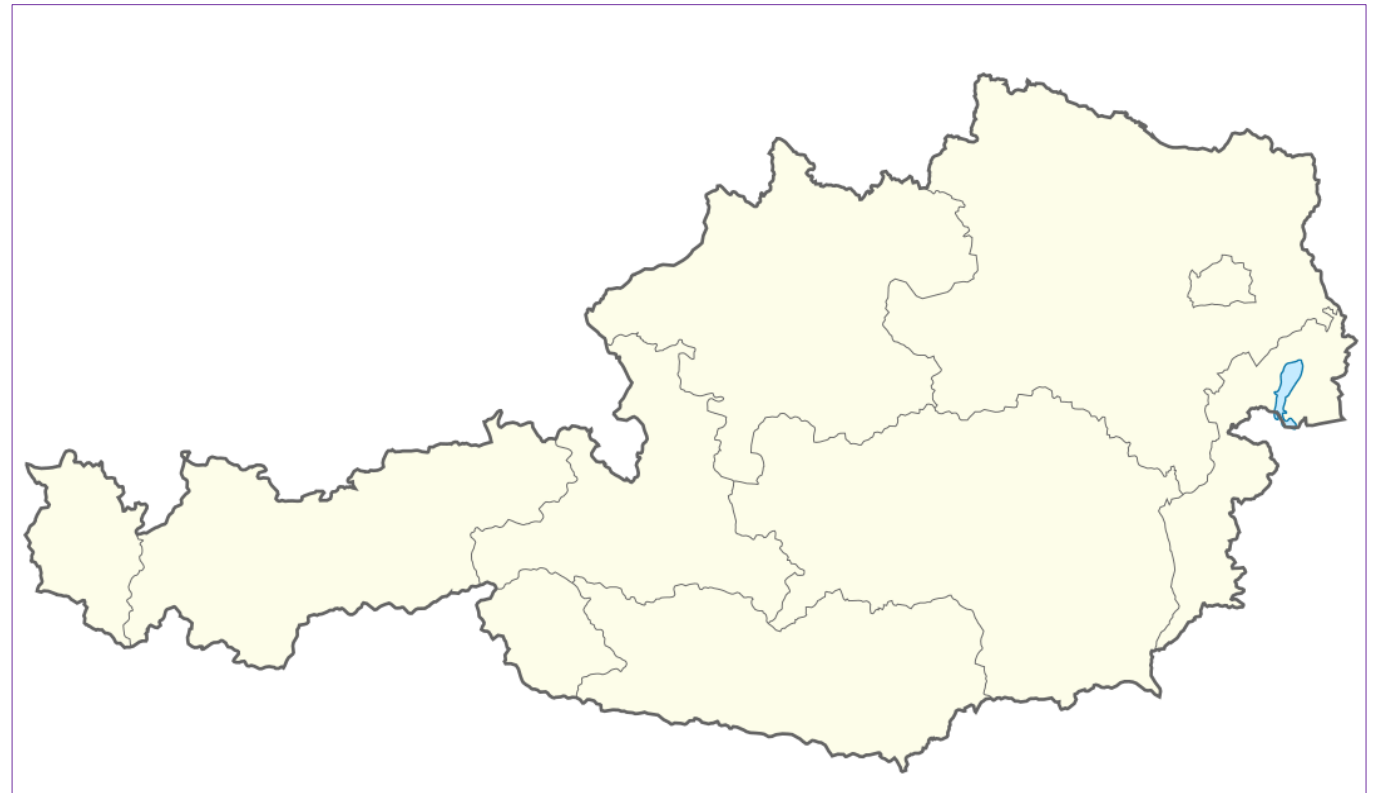


Facts about water-footprint (optional)

Study the document "virtual water.pdf," explain what a water footprint is and write a statement about why you, as a consumer, also have an impact on people and their environment in other parts of the world. Find foods that have a particularly high virtual water consumption and explain why.



Mineral water brands we have in Austria



Show your colleagues in our partner countries Spain, Portugal and Slovakia which mineral water brands we have and perhaps show the bottling locations on an Austrian map. Also use Google Maps to calculate the distances between these places and our school town. Also show which mineral water would be the most sustainable for you at your place of residence? Is it also the healthiest?



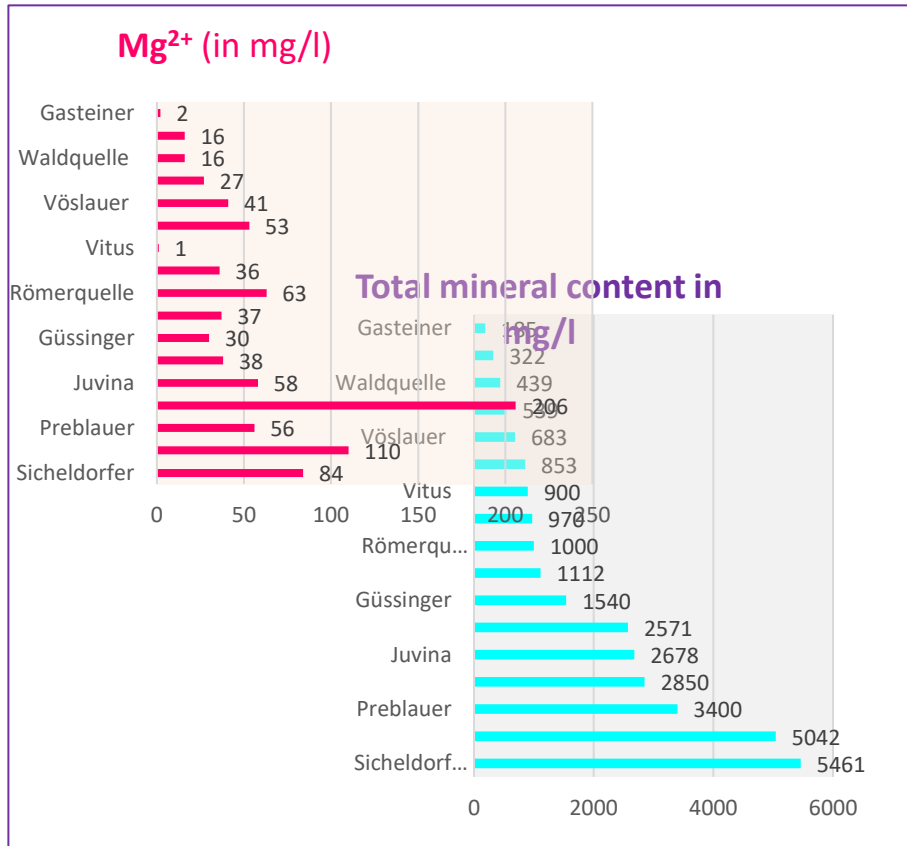
What I know about minerals & trace elements

Ca^{2+}	Na^+	Cl^-
Jodine	K^+	HCO_3^-
SO_4^{2-}	Flouride	Mg^{2+}
		NO_3^-

Study the word document "*Do you know what you drink*" and describe the task of the individual minerals and trace elements in our body. Also, whether it is better to absorb more or less of it and whether there may be limits.



Differences between mineral waters



Create a **profile card for each mineral water** with the following information: brand name, picture of bottle, bottling place, distance from your school place in kilometers, contained minerals with amounts, possibly suitable or not suitable for which persons. Arrange your cards on an (electronic) **poster**. Choose the arrangement according to self-selected criteria. Use the graphical representations (diagrams) for the individual minerals in the Word document "Do you know what you drink".



What I learned about mineral waters

Either prepare an advertisement for a particular type of mineral water (picture for a newspaper or a short video), or write a dialogue to a conversation with a tourist in your school town, in which you recommend him/her a certain type of mineral water and emphasize why this mineral water is both healthy and sustainable.